

San Luis Obispo County

Children and Families Commission

Annual Report: State Fiscal Year 2001-2002

Name: Susan Hughes, Executive Director

Phone Number: (805) 781-4058

E-Mail: shughes@co.slo.ca.us

Current Status and Strategic Directions

1. **0 – 5 Child Population.** 12,358 (Center for Health Statistics – 2000).

2. **Ethnicity of Children 0 – 5.**

• African-American	107	0.9%
• Asian	214	1.7%
• Latino	3605	29.2%
• Native-American	62	0.5%
• White	7832	63.4%
• All others	533	4.3%

3. **County Narrative:**

a. Given the child population in your county, how does your strategic plan address their cultural, ethnic, linguistic, socio-economic, and special needs?

The strategic plan for this Commission prioritized funding in the following three focus areas:

- Parent Education and Support Services
- Child Care and Early Education
- Health and Well-being of Children

Within each of these focus areas the strategic plan identifies prioritized needs identified during eight community meetings, 4 focus groups throughout the county and five, four-hour Commission meetings open to the public. For example:

PARENT EDUCATION AND SUPPORT

One of eight prioritized needs in this focus area is: Prenatal and Post Delivery Education based on data that indicates:

- 1) Inadequate prenatal care, as identified by the Kessner Index, was received by 25% of the mothers in San Luis Obispo County.
- 2) In 1996/97, one in five infants in San Luis Obispo County were born to mothers who received late, or no prenatal care during their pregnancies. This rate doubled for women who were poor as defined by Medi-Cal eligibility.

CHILD CARE AND EARLY EDUCATION

One of nine prioritized needs in this focus area is: Expanded Child Care Services based on data that indicates:

- 1) Licensed facilities meet about 24% of the need in this county.
- 2) 54% of parents surveyed need full-time child care.

County Name: San Luis Obispo County

HEALTH AND WELL-BEING OF CHILDREN

One of nine prioritized needs is: Screening For Developmental Problems and Sensory Deficits based on data that indicates: 1) While 39% of the children in this county are eligible for Child Health and Disability Prevention screenings, less than half (46%) of those eligible receive the assessment. 2) Three and one-half percent of the county's young children are referred for treatment of developmental delays.

b. Geographic description: San Luis Obispo County is the 15th largest county in the state and is mostly rural. Over 98% of the land mass is unincorporated and 41% of the population lives in unincorporated areas.

c. Major needs and/or issues:

- Availability and accessibility to services can be significant issues for families because public transportation, especially in outlying areas in the county, is inadequate.
- Between 1980 and 1990 the number of Hispanic residents in the county grew by 82% and the reported rate is generally considered low due to the immigration status of many people.
- The county is one of the fastest growing in California. In 1990, there were 52,703 households in the county, a 34% increase over the previous decade. By 2001, the number of households grew to 80,281 an increase of 52%.

d. Impact of Proposition 10:

- All 17 Direct Service programs funded by this county Commission have the capacity to provide bi-lingual services at some level. Project REWARD (CARES) also provides bi-lingual services.
- Communities with the longest waiting lists and least affordability for childcare were chosen as sites for expanded day preschools or year round Head Start services.
- Breastfeeding clinics, tobacco cessation programs, literacy programs, vision screening, dental treatment and the Olds' Home Visitation program provide services in outlying areas of the county in addition to the population centers.
- A 20 hour a week pediatric clinic intended to serve the coastal region of the county began operating in Morro Bay. Due to diminishing pediatric and other medical services in the county the Morro Bay clinic is quickly expanding its base of clients beyond the coastal region.

e. Using your strategic plan, what program development and funding priorities has your commission taken on?

PARENT EDUCATION AND SUPPORT SERVICES

- 1) Prenatal and post-delivery education: Olds' Home Visitation, Teen Academic Parenting Program (TAPP), BABES Breastfeeding Program.
- 2) Parenting Skills Training: Lunch Box (nutritional training, Power of Play (school readiness), Children's Screening and Intervention Program, Baby Think It Over.
- 3) Public Awareness and social change: Healthy Kids Now (multi-media information on local programs)
- 4) Literacy: Literacy Five, Power of Play.

County Name: San Luis Obispo County
CHILD CARE AND EARLY EDUCATION

- 1) Stable and well-trained child care workforce: Project REWARD (CARES).
- 2) Expand childcare services: Expansion of five State Preschools and year round Head Start at three sites.

HEALTH AND WELLBEING OF CHILDREN

- 1) Fluoridation of drinking water: Boyle Research Project to determine cost factors related to local fluoridation.
- 2) In-home visitation and support: Olds' Home Visitation, Children's Screening and Intervention Program.
- 3) Dental preventive and restorative care: Dental T.E.N. (Treatment and Education Now).
- 4) Tobacco cessation for pregnant mothers and parents of young children: Tobacco Control Program.
- 5) Screening for developmental problems and sensory deficits: Vision Screening, Children's Screening and Intervention Program.
- 6) Perinatal and young family alcohol and other drug abuse: Drug and Alcohol Play Therapist.
- 7) Comprehensive health care for young children: Morro Bay Pediatric Clinic, BABES, Dental T.E.N., Vision Screening.

The Commission has prioritized funding for programs such as those above, that provide service integration, increased access, and targeting socially and/or geographically isolated communities.

4. Major Accomplishments.

- Distribution of the Kit For New Parents began in January 2001. Training on distribution of the Kits was initiated by County Public Health, the distribution partner, and was modeled on the findings of the Berkeley Pilot Study completed in 2000. All OB providers in the county are participating in distribution.
- In its second year, Project Reward (CARES) distributed a total of \$345,083 to a total of 300 recipients, in contrast to \$231,500 distributed to 173 applicants in year one. The number of awards to family childcare providers increased from 25 in year one to 76 in year two.
- The Commission approved an additional \$5000 (\$11,000 total allocation) for a study on the feasibility of fluoridating the large water systems in the county.
- \$184,087 was awarded to 14 recipients in the Commissions first round of mini-grants. Thirty-two grants were considered.
- Evaluation of 17 direct service programs occurred for the purpose of determining the appropriateness of extending funding for 6 months. Fifteen of 17 programs were extended.
- The Commission voted to participate in and set aside funding for School Readiness.
- The Commission reviewed its Strategic Plan to further define Commission advocacy as it relates to Commission goals and objectives.
- Developed and approved a 10 year financial plan in order to ensure program sustainability.

County Name: San Luis Obispo County

5. Status of Reporting and Data Collection.

In partnership with Cal Poly State University, San Luis Obispo, a web-based reporting system has been designed for use by all direct service programs. The web-based system will train direct service programs to report data currently reported manually in quarterly reports.

Programs also report on:

- Project Progress.
- Major Accomplishments for the Quarter.
- Barriers To Implementation.
- Progress on Implementation of Evaluation.
- Evaluation Data and Anecdotal Stories.

The Commission does contract with an evaluation consultant who works with individual programs in developing data collection efforts and outcome measurement where applicable. For some programs such as Head Start, State Preschools, Teen Academic Parenting Program, *process data* collection on numbers and types of participants is appropriate. For programs such as Vision Screening and Dental Treatment and Education Now (Dental T.E.N.) *process data* determining the number of participants is accompanied by *evaluation data* on the number of number of referrals that received treatment and the outcome of those treatments is determined.

Regarding a Children's Scorecard on children's well-being, our county commission financially supported data collection for the ACTION for Healthy Communities Collaborative and the Executive Director of the county commission is co-chair of the steering committee. A portion of the data collected is specific to children aged 0-5, and their families. In addition, the Children's Services Network has produced two scorecards specific to children's issues in the county.

Summary of Innovative and Promising Practices

1. Program Highlights.

- Vision Screening – 5817 children were screened for visual disorders and delays this fiscal year. 82% of children referred for treatment were actually seen by a doctor.
- BABES – 363 breastfeeding mothers made 690 visits to three clinics in outlying areas of the county this fiscal year. In addition, 146 mothers received support and guidance through the Breastfeeding Peer Counseling program and 213 providers received training on lactation consultation.
- Head Start – Head Start serves 387 children in the county. Prior to Prop. 10 funding, 59 children received Head Start services beyond a nine month period. With Prop. 10 funding, 108 children in the three communities with the longest waiting list received year round Head Start services.
- State Preschools – Hours of operation at five preschool sites throughout the county expanded from three to eight hours, providing a consistent, stable environment for 84 children. Parents of children in the Expanded Day State Preschool program benefited by completing the program requirement of 30 hours of work, college, or vocational training.
- RS Productions - *Healthy Kids Now* is 30 minute video in English and Spanish that delivers local information about programs such as Medi-Cal, CHDP, WIC, Healthy Families, and Head Start. In addition to being included in each Kit For New Parents distributed in this county, these videos are available for viewing free from libraries, childcare centers, school offices, video stores, and social service agencies.

In addition, a 20 minute program entitled *The Children and Families Monthly Update* features new services developed by the local Children and Families Commission and other programs of interest to families with young children. The Children and Families Monthly Update programs air on Charter Cable Television reaching 63,000 households a minimum of 16 times a month.

2. Service Integration and Collaboration.

The expectation communicated by the Commission in general and Commission staff in daily interaction with funded partners has been that direct service programs would develop systems of integration and collaboration. Below are examples of service integration and collaboration that have evolved out of that expectation:

- The Teen Academic Parenting Program (TAPP) identified a need to provide breastfeeding guidance and support to teen mothers. TAPP modified its objectives to address this need and became a referral source to the BABES Breastfeeding program which has outlying clinics throughout the county in addition to a Peer Counseling component.

County Name: San Luis Obispo County

- The Olds' Home Visitation program is identifying children age 0-5 with possible developmental and behavioral delays. The Public Health nurses in the Olds' program are referring children to the Children's Screening and Intervention Program (CSIP), a collaborative of 5 agencies providing behavioral and developing screening and treatment.
- As the CSIP program identifies children who have been drug exposed in utero, or whose parents are recovering or in need of recovery from substance abuse, referrals of those children are made to the Play Therapy program at Drug and Alcohol Services.
- A 20 hour a week pediatric clinic in Morro Bay refers children in need of behavioral or developmental treatment services the Children's Screening and Intervention Program.
- As the Play Therapist develops parenting skills in clients, referrals are made to the Power of Play program or the user friendly Power of Play curriculum is introduced into the therapy as a means of enhancing the skill building of positive parental behaviors.
- Among the various services provided by the Tobacco Control program are trainings to childcare providers on the effects of secondhand smoke. A follow-up training module entitled The ABC's of Secondhand Smoke from the National Safety Council is made available to childcare providers. Upon completion, a certificate is awarded to the childcare provider who can apply 2 units of Professional Growth toward the eligibility requirements of Project REWARD (CARES).
- RS Productions developed a 30 minute video in English and Spanish entitled *Health Kids Now* that delivers local information about programs such as Medi-Cal, CHDP, WIC, Healthy Families, and Head Start. Commission funding has made it possible to include a copy of this video in each Kit For New Parents distributed in this county.

In addition, a 20 minute program entitled *The Children and Families Monthly Update* features new services developed by the local Children and Families Commission and other programs of interest to families with young children. The Children and Families Monthly Update programs air on Charter Cable Television reaching 63,000 households a minimum of 16 times a month.

- In addition to providing literacy services to parents of children 0-5, the Literacy Five program provides literacy services to Head Start and the Teen Academic Parenting Program.
- The Lion's Vision Screening program provides services to Head Start and the State Preschool programs.
- The Lunch Box curriculum on packaging safe preschool lunches is being utilized by preschool parents of Head Start and State Preschools as well as other preschools countywide.
- Power of Play is a school readiness curriculum that has been implemented at all Head Starts and State Preschools in the county.

County Name: San Luis Obispo County

County Revenues and Expenditures
for the period July 1, 2001- June 30, 2002

County Revenues

Prop 10 Cash Revenues	List dollar amounts here. Round to whole dollars
Prop 10 Allocation <i>Monthly disbursements</i>	2,230,562
Augmentation Funds from the State Commission:	
• Administrative Augmentation Funds	\$0
• Travel Augmentation Funds	\$0
• Minimum \$200,000 augmentation funds	\$0
Other State Prop 10 Program Funding <i>Grant funds, state initiatives</i>	
• Child Care Retention Incentives	\$300,000
• Other (Implementation funding for School Readiness)	\$150,000
Revenues from Sources Other than Prop 10	
List:	\$0
	\$0
	\$0
Interest Earned and Balance Brought Forward	
Interest Earned	\$246,955
Fund Balance brought forward from prior year(s)	\$6,215,424
Total Cash Revenue	\$9,142,941

Annual Expenditures and Encumbrances

	Expended or Encumbered for FY 01-02
Program Expenditures and Encumbrances (e.g. grants, initiatives, programs)	\$2,053,943
Implementation Expenditures and Encumbrances (all expenditures/encumbrances other than program expenditures – see detail on next page)	\$217,621
Total Cash Expenditures	\$2,271,564

Financial Summary

	July 1, 2001 to June 30, 2002
Total Cash Revenue	\$9,142,941
Total Cash Expenditures	\$2,271,564
Fund Balance	\$6,871,377
<i>* Fund Balance that is not encumbered, but is committed or set-aside for current or future grants, initiatives, sustainability reserve, etc.</i>	\$4,281,220
Funds for Future Investments and Program Sustainability	\$2,590,157

*Committed funds in this section are not encumbered for this fiscal year and will not show up in the fiscal audit.

Implementation Expenditure Detail

In this section you have the opportunity to report details of the implementation expenditures reported in the previous section. In the third column, check if the amount reported is based on accounting or best estimate. See glossary for expanded description of expenditure categories.

	Expended or Encumbered for FY 01-02	Based on accounting or best estimate:
Evaluation Expenditures	\$48,971	<input type="checkbox"/> Accounting <input checked="" type="checkbox"/> Best Estimate
Administrative Expenditures <ul style="list-style-type: none"> ▪ Commission Operations and Support (meeting costs and support, office operations, training and technical assistance, development of policies and procedures, etc.) ▪ Grant-Making Operations and other Fund Allocations ▪ Contract Management ▪ Fiscal Management ▪ Tracking of and Compliance with Legal Requirements, including preparing reports to the State Commission 	\$107,450	<input type="checkbox"/> Accounting <input checked="" type="checkbox"/> Best Estimate
Planning, Communication and Outreach Expenditures <ul style="list-style-type: none"> ▪ Strategic Planning ▪ Community Outreach (media, websites, other community outreach, civic engagement) ▪ State-level Involvement, Communication, and Planning for State-Level Initiatives ▪ Activities to Promote Collaboration and Integration of Services and Leveraging of Resources 	\$61,200	<input type="checkbox"/> Accounting <input checked="" type="checkbox"/> Best Estimate
Total Implementation Expenditures	\$217,621	

County Name: San Luis Obispo County

Tracked In-kind: If your Commission receives in-kind resources and tracks them in the fiscal accounting system (and therefore, they are reflected in the fiscal audit), please describe them here, noting major sources and type of in-kind, as well as the total amount of tracked in-kind.

N/A

Untracked In-kind: If your Commission receives in-kind resources but does not track them in the fiscal accounting system (and therefore, they are not reflected in the audit), please describe them here, noting major sources and type of in-kind.

The majority of in-kind resources fall into such categories as personnel, facility rental, equipment and other operating expenses. A total of 9 out of 19 contractor budgets reflect a total of \$445,610 in in-kind expense for fiscal year 2001-02.

Discussion of Additional Cash Resources: If your Commission activities have brought additional cash resources into your community in the last fiscal year, describe your successes in this regard. How were the funds used, or for what use are they intended?

- Commission funding in the amount of \$31,000 to Cuesta Community College was matched by the Orfalea Foundation to support the new Cuesta College Children's Center.
- Commission funding in the amount of \$12,500 to purchase dental equipment to The Partnership for the Children of San Luis Obispo County, The Clinica de Tolosa Dental Clinic Project. Funding was used as part of a larger community match for a Robert Wood Johnson grant of \$500,00.

County Name: San Luis Obispo County