

Resources and Intensive Support Services for Children Ages 0-5



July 2011

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5

PROGRAM INFORMATION SHEET

Acknowledgements

Laurie Morgan, South County S.A.F.E. Systems Coordinator, from South County Services Affirming Family Empowerment (S.A.F.E.) Family Resource Center and First 5 SLO County are acknowledged as collecting, compiling and distributing the information available in this resource book.

The purpose of this guide is to have all the services available in San Luis Obispo County for children ages 0-5 and their families in one, easy-to-access location. This guide is intended to aid both service providers and community members.

The guide was also created with the intention that it would be updated on a regular basis. To add a program resource listing and/or update a current listing, please contact:

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ALPHA Pregnancy and Parenting Support	
Phone # 805-541-3367	Fax # 805-541-4536
Physical Address: 11549 Los Osos Valley Rd, Suite #104	
Mailing Address: same	
Website: www.sloalpha.org	
<p>Program Description: Alpha provides support and resources to pregnant women and families parenting an infant up to one year old:</p> <ul style="list-style-type: none"> • Maternity & infant clothing and supplies • Cribs, car seats & infant equipment • Classes, workshops & support groups • Postpartum Depression Support & therapy referrals • Security Deposit Loans • Baby food and formula • Pregnancy testing • Educational outreach re: Fetal Alcohol Spectrum Disorder 	
<p>Hours: <u>SLO</u>: M, Tu, W, F 10am-3pm (closed Thursdays) <u>Arroyo Grande</u>: 2nd & 4th Thurs of the month noon-3pm <u>Atascadero</u>: 1st & 3rd Thurs of the month 10:30-1:30pm <u>San Miguel</u>: 1st Tuesday of the month 3:30-5:30pm <u>Los Osos/Morro Bay</u>: 2nd Tuesday of the month 3:30-5pm</p>	
Fees: free	
Eligibility: pregnant or parenting an infant 0-1 years old	
Area Served: all of San Luis Obispo County	
Languages: Spanish and English	
<p>Additional Program Information (optional): Please visit www.sloalpha.org for more information about satellite office locations.</p>	

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Baby's First Breath	
Phone # 805 -781-1157	Fax # 805- 781-1235
Physical Address: 2180 Johnson Ave., San Luis Obispo, CA 93401	
Mailing Address: same	
Website: http://www.first5slo.org	
Program Description: The Baby's First Breath Program (funded by the First 5 Children and Families Commission of San Luis Obispo County) is a "stop smoking program" designed specifically to meet the needs of pregnant women and their families who want to quit smoking. All services are free. Program offers outreach to medical providers and to possible clients to inform them of our services; tobacco cessation targeted to pregnant women and their partners and to families of children 0 – 5; environmental tobacco smoke presentations targeted to daycare providers and to families of children 0 – 5; and health education classes for preschoolers on the dangers of tobacco use.	
Hours:	
Fees: FREE	
Eligibility: Parents and Families age 0 – 5	
Area Served: All San Luis Obispo County	
Languages: English/Spanish	
Additional Program Information (optional):	

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Cal-SAFE and HOPE Program, Lucia Mar USD	
Phone # 474-3750 x7571	Fax # 473-5518
Physical Address: support offered at: AGHS, NHS, Lopez HS, Adult Education	
Mailing Address: 1055 Mesa View Drive Arroyo Grande, CA 93420	
Website:	
Program Description: School Based support service program for expectant or parenting students both male and female and their children.	
Hours: 8-4 Monday through Friday during the school year	
Fees: free	
Eligibility: For acceptance: expectant or parenting student without a high school diploma 18 years and under. Can receive services until one semester beyond their 19 th birthday. Students with active IEP can receive services until 21 st birthday	
Area Served: Lucia Mar Unified School District : Shell Beach, Arroyo Grande, Pismo Beach, Oceano, Nipomo, Grover Beach	
Languages: English and some Spanish	
Additional Program Information (optional):	

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CAPSLO Family Support Services	
Phone # 805-541-4122 ext 25	Fax # 805-541-1264
Physical Address: 3986 Short Street, Suite 110, San Luis Obispo, CA 93401	
Mailing Address: 1030 Southwood Drive , San Luis Obispo, CA 93401	
Website: www.capslo.org	
<p>Program Description: Programs provide: parenting education, support father involvement, advocate for the needs of children & families and provide resources and referrals for support services.</p> <p>Direct Services & Parent Education: Community response partner with the Department of Social Services / Child Welfare Services to provide prevention services to keep children safe, healthy and at home for families at risk of child abuse and neglect.</p> <p>Positive Opportunities for Parenting Success – POPS: Encouraging and enhancing the father-child relationship and increase the quality of the father’s relationship with the mother. These services are provided through weekly parent communication groups led by two Marriage and Family Therapists. Provide training and supports to service agencies on ensuring fathers are involved in policies, forms and programs for families. Our division provides services to the families who reside in SLO county.</p>	
Hours: Office is 8:00 to 5:00 Monday to Friday, as needed by appointments	
Fees: none	
Eligibility: CWS / CALWorks referral	
Area Served: San Luis Obispo County	
Languages: English and Spanish	
<p>Additional Program Information (optional): Case Management services are available throughout the county; The program is designed to assist individuals to increase parenting skills, build on strengths within the family, access available resources that will assist in family stability and support clients toward becoming self-reliant and self-sufficient.</p>	

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CAPSLO Homeless Services	
Phone # 805-541-6351	Fax # 805-541-5830
Physical Address: 736 Orcutt Road, San Luis Obispo, CA 93401	
Mailing Address: 736 Orcutt Road, San Luis Obispo, CA 93401	
Website: www.CAPSLO.org	
<p>Program Description:</p> <p>Provides services to the homeless who reside in SLO county. MLM Night Shelter located at 736 Orcutt in SLO provides dinner and sleeping quarters for individuals and families.</p> <p>Prado Day Center located at 43 Prado Road in SLO provides a safe place to be during the day along with breakfast, lunch, laundry facilities, child room, mail/phone service, and medical services through Community Health Center.</p> <p>Outreach locations are in South County at 1086 E. Grande, Rm 107 in Arroyo Grande and North County and 5411 El Camino Real, Atascadero.</p>	
<p>Hours:</p> <p style="padding-left: 40px;">Prado Day Center: 8:30 a.m. to 4:00 p.m.</p> <p style="padding-left: 40px;">MLM Night Shelter: 5:00 p.m. to 7:30 a.m.</p>	
Fees: none	
Eligibility: Homeless	
Area Served: San Luis Obispo County	
Languages: English and Spanish	
<p>Additional Program Information (optional):</p> <p>Case Management services are available throughout the county; The program is designed to assist individuals to increase skills to live independently, access available resources that will assist in resolving issues and support clients toward becoming self-reliant and self-sufficient.</p>	

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CAPSLO Child Care Resource Connection Centralized Eligibility List (CEL)	
Phone # (805)541-2272	Fax # (805)541-0141
Physical Address: 805A Fiero Lane, San Luis Obispo, CA 93401	
Mailing Address: 805A Fiero Lane, San Luis Obispo, CA 93401	
Website: www.capslo.org	
<p>Program Description:</p> <p>The CEL is the county waiting list for subsidized child care. A single application provides access for families to apply for subsidized child care within the county.</p>	
Hours: 8:00AM – 5:00PM Monday through Friday	
Fees: None	
Eligibility: Parents must be both income eligible (based on family size and income) and have a qualifying need	
Area Served: San Luis Obispo County	
Languages: English & Spanish	
<p>Additional Program Information (optional):</p> <p>Agencies participating in the CEL include:</p> <ul style="list-style-type: none"> • CAPSLO Child Care Resource Connection • CAPSLO State Child Development Programs • CAPSLO State Migrant Programs • SLO Child Development Center • County Office of Education State Preschools • PRYDE Program through Paso Robles Joint Unified School District. • Head Start and Early Head Start programs are voluntarily utilizing the CEL 	

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San Luis Obispo Child Development Center	
Phone # 805.544.0801	Fax # 805.544.2611
Physical Address: 1720 Bishop Street, San Luis Obispo, CA 93401	
Mailing Address: 1720 Bishop Street, San Luis Obispo, CA 93401	
Website: www.slocdc.org	
Program Description: The San Luis Obispo Child Development Center is a non-profit community program providing therapeutic interventions to strengthen families for the prevention and treatment of child abuse. We believe that children are best protected and nurtured when families are strong. We have provided child abuse prevention and intervention together with child development and childcare services since 1971. We have directly served over 8,000 children and families in San Luis Obispo County. In addition to our full day therapeutic child development childcare program for children ages 2-12 years, divided among three classrooms, (toddler, preschool and school age,) we also provide a school readiness/transition program for children entering kindergarten, as well as tutoring and similar educational resources for older children enrolled in the Center. Our case manager serves as a liaison between the school and our families. The case managers, therapists and teaching team work collaboratively with all educational and community resources to meet the educational, behavioral/mental health needs of our children.	
Hours: Monday-Friday 7:00am-5:30pm	
Fees:	

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Eligibility:

Eligibility shall be established by one of the below categories:

- 1) “At Risk” or CWS referral
- 2) Family is a public assistance recipient.
- 3) Family is income eligible (below 75% of state median income).
- 4) Family is homeless.

Need shall be established by one or two below:

1. “At Risk” or CWS referral
2. The parent(s)/guardian(s) is are:
 - Employed
 - Seeking employment
 - Attending school/vocational training
 - Homeless
 - Incapacitated

Area Served: SLO County, primarily SLO City

Languages: English and Spanish

Additional Program Information (optional):

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The Children’s Health Initiative	
Phone # (805) 781-1730	Fax # (805) 781-1810
Physical Address: 3433 S. Higuera St. 2 nd Floor, San Luis Obispo, CA 93401	
Mailing Address: P.O. BOX 1737 SAN LUIS OBISPO, CA. 93406	
Website:	
<p>Program Description:</p> <p>CHISLO is located in the Department of Social Services building and provides the Healthy Kids program to children who do not qualify for the state programs (Medi-Cal / Healthy Families). Healthy Kids is a comprehensive medical, dental, and vision insurance. We also assist with the online Healthy Families application and answer a multitude of questions.</p>	
Hours: Monday – Friday 8:00 a.m. – 4:30 p.m.	
Fees: Non-profit organization	
Eligibility: Children who reside in San Luis Obispo County	
Area Served: CHILDREN 0 – 18	
Languages: ENGLISH & SPANISH	

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Additional Program Information (**optional**):

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County of SLO Drug and Alcohol Services	
Phone # SLO: 781-4753 Atascadero: 461-6080 Grover Beach: 473-7080	Fax # 461-6114
Physical Address: 2180 Johnson Ave, San Luis Obispo 3556 El Camino Real, Atascadero 1523 Longbranch, Grover Beach	
Mailing Address: Same as above	
Website:	
Program Description: Outpatient Drug and Alcohol Tx. services	
Hours: Monday through Friday 8 to 6 PM	
Fees: Sliding Fee Scale. Medical accepted	
Eligibility: Everyone	
Area Served: San Luis Obispo County	
Languages: English and Spanish	
Additional Program Information (optional):	

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County of SLO Public Health Department—Child Health and Disability Prevention Program (C.H.D.P.)	
Phone # 805 781 5558	Fax # 805 781 4492
Physical Address: 2180 Johnson Avenue, Health Campus Annex, San Luis Obispo, CA.	
Mailing Address: same	
Website: slocounty.ca.gov/health/prevention/healthchild.htm	
<p>Program Description:</p> <p>CHDP is a health promotion and disease prevention program serving California’s (San Luis Obispo County’s) infants, children, and teens. CHDP is responsible for the development and implementation of standards and guidelines for the provision of preventive health services to eligible children. Children eligible for CHDP services are from low income families. Children identified with suspected problems after a health assessment are referred for necessary diagnosis and treatment.</p>	
Hours: 8-5:00 pm Monday through Friday	
Fees: Free to eligible children	
Eligibility: Must make 200% or less of the federal poverty level.	
Area Served: San Luis Obispo County	
Languages: English and Spanish	
Additional Program Information (optional):	

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County of SLO Public Health Department—Nurse Family Partnership: First Time Mothers Program	
Phone # 805-788-2068	Fax # 805-781-1372
Physical Address: 2180 Johnson Ave., San Luis Obispo	
Mailing Address: 2180 Johnson Ave., San Luis Obispo, CA 93401	
Website:	
Program Description: Public Health Nurses provide in home visitation and case management services to pregnant and parenting families. Follows Dr. David Old’s curriculum to assist families with supporting their child’s development, access community resources, learn parenting skills, and develop future goals.	
Hours: Monday – Friday, 7:30 to 6:00	
Fees:	
Eligibility: Must make 200% or less of the federal poverty level and be less than 28	
Area Served: San Luis Obispo County	
Languages: English and Spanish. Access the language line for all others.	
Additional Program Information (optional):	

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County of SLO Public Health Department—Early Support Program (ESP)	
Phone # 805-788-2068	Fax # 805-781-1372
Physical Address: 2180 Johnson Ave., San Luis Obispo	
Mailing Address: 2180 Johnson Ave., San Luis Obispo, CA 93401	
Website:	
<p>Program Description:</p> <p>Public Health Nurses provide in home visitation and case management services to high-risk pregnant women, families and their children.</p> <p>Assist families with supporting their child’s development, accessing community resources, and developing parenting skills/knowledge. Early Support PHN’s frequently work with families who may either have or be experiencing:</p> <ul style="list-style-type: none"> • Teen pregnancy • A low birth weight baby • Difficult parent/child relations • A failure to thrive baby • Tobacco, drug and/or alcohol exposure to mother or baby • Possible birth defects 	
Hours: Monday – Friday, 7:30 to 6:00	
Fees:	
Eligibility:	
Area Served: San Luis Obispo County	
Languages: English and Spanish. Access the language line for all others.	
Additional Program Information (optional):	

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County of SLO Mental Health Department—Full Service Partnership (F.S.P.)	
Phone # 781-4855	Fax # 781-4866
Physical Address: 2925 McMillan Ave	
Mailing Address: 2179 Johnson Ave, SLO 93401	
Website: None	
<p>Program Description: This program is a component of the Mental Health Services Act. It is a multidisciplinary treatment team providing intensive in home services. Services include: family therapy, case management and rehabilitation. FSP services are provided to mentally ill individuals of all ages throughout the county.</p>	
Hours: 8am-5pm	
Fees: None	
<p>Eligibility: Target population: severely mentally ill individuals that has a serious emotional disturbance or a severe persistent mental illness or has a parent with a severe emotional disturbance, substance abuse issue or co-occurring disorder. Client must also meet at least one of the following criteria: history of high utilization of the system, is in the foster care system with multiple placements, is leaving long term care (level 10-14 group home), is homeless or at risk of homelessness, is new to the system of mental health care and has not been served in the past. Priority populations are: experiencing serious academic problems or meet 26.5 (AB3632 criteria), is exposed to violence at home or traumatized due to loss of family, has been underserved in the past, belongs to a minority or disadvantaged group.</p>	
Area Served: SLO county	
Languages:	
<p>Additional Program Information (optional): All referrals are made directly to the program supervisor, Coralyn Brett. Referrals are then presented to the referral committee that determines if the referral is appropriate.</p>	

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County of SLO Mental Health Department—Outpatient Clinics	
Phone # 800-838-1381	Fax #
Physical Address: clinics in Arroyo Grande, Atascadero, SLO	
Mailing Address: 2179 Johnson Ave. SLO, CA	
Website: None	
Program Description: Provide mental health services including therapy and medication management.	
Hours: 8am-5pm	
Fees: Medi-cal or fee for service set with family	
Eligibility: Any child with medi-cal has a right to an intake assessment. Must meet	
Area Served: SLO county	
Languages: English, Spanish	
Additional Program Information (optional):	

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First 5 School Readiness—Paso Robles	
Phone # (805) 769-1200 ext 23262	Fax # (805) 237-3426 Attn: School Readiness
Physical Address: 3600 Oak Street unit 102	
Mailing Address: 525 36 th Street	
Website:	
Program Description: Connecting parents and children with resources to support children’s healthy development so they are better prepared for school.	
Hours: 8am to 4:30 p.m	
Fees: Free	
Eligibility: A child ages 0-5 in the home	
Area Served: Georgia Brown Area (24 th to 36 th St.)	
Languages: English/Spanish	
Additional Program Information (optional): We link families to preschools, support groups and other agencies depending on family needs. We provide parent workshops such as parenting classes, and Literature hour.	

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CAPSLO Head Start / Early Head Start	
Phone # (805) 544-4355 – Office Phone # vary for different programs	Fax # (805) 544-4275
Physical Address: Main office: 1030 Southwood Drive, SLO CA, 93405 Addresses vary for different program options (Please see Head Start / Early Head Start Brochures)	
Mailing Address: Same as above	
Website: http://www.capslo.org/cyfs/hs_home.html	
<p>Program Description:</p> <p>Head Start and Early Head Start are comprehensive child development programs which serve children from birth to age 5, pregnant women, and their families. They are child-focused programs and have the overall goal of increasing the school readiness of young children in low-income families.</p> <p>The Head Start program has a long tradition of delivering comprehensive and high quality services designed to foster healthy development in low-income children. Head Start grantee and delegate agencies provide a range of individualized services in the areas of education and early childhood development; medical, dental, and mental health; nutrition; and parent involvement. In addition, the entire range of Head Start services is responsive and appropriate to each child's and family's developmental, ethnic, cultural, and linguistic heritage and experience.</p> <p>The Head Start program in San Luis Obispo County is operated by the Community Action Partnership of San Luis Obispo County. Children who attend Head Start participate in a variety of educational activities. They also receive free medical and dental care, have healthy meals and snacks, and enjoy playing indoors and outdoors in a safe setting.</p>	

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The Community Action Partnership of San Luis Obispo County Head Start/Early Head Start Program makes special efforts to ensure that children with special needs are able to participate in all aspects of the program either in an inclusive home- based or preschool classroom environment. The program reserves at least 10% of its enrollment slots for children with disabilities and no child will be denied enrollment because of a disability.

A variety of programs are available for parents, including full-day, full-year for parents working or going to school; part-day, full-year; part-day, part-year; and other options. Please see Head Start / Early Head Start Brochures. For more information, please contact the center closest to your home.

Hours: Vary by program option. Please see Head Start / Early Head Start Brochures

Fees: Free for qualifying families. Must meet the federal income guidelines for low income.

Eligibility:

- Pregnant families and children birth to 5 years of age
- Must meet the federal income guidelines for low income

Information needed to apply:

- Child’s birth certificate
- Immunization Record
- Income verification for parents/guardians
- Valid TB test
- Needed, but not required: Medi-cal number or other medical insurance number.
- Note: Limited numbers of funded enrollment slots are open to families considered as over income.

Area Served: San Luis Obispo County

Languages:

Additional Program Information (optional):

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Kinship Center Children’s Clinic / Kinship Support Services	
Phone # 805-434-2449	Fax # 805-434-3839
Physical Address: 71 N. Main St., Templeton, Ca. 93465	
Mailing Address: Same as above.	
Website: www.kinshipcenter.org	
<p>Program Description:</p> <p>Kinship Center believes that every child deserves a family. Our mental health clinic and Kinship Support Services offers medication support, psychological testing, individual and family therapy, occupational therapy, parenting education, equine assisted therapy, social skills groups, art therapy camps, case management, advocacy and more to help children maintain permanent placements. Our staff is trained in infant mental health and early intervention techniques.</p>	
Hours: M-F 8 am – 6 pm, Some weekends by appointment.	
Fees: No cost. Medi-Cal and Social Service Funded.	
<p>Eligibility: Child may be living with relatives or already adopted, or adoption is being considered as a permanent plan. A child adopted from another county other than SLO county may be served if the county of origin agrees to host the county providing services. Referrals are made by social services or legal guardians.</p>	
Area Served: All of San Luis Obispo County, in-home services available.	
Languages: English, Spanish.	
<p>Additional Program Information (optional):</p> 	

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La Clinica de Tolosa Children’s Dental Clinic	
Phone # 238-5334	Fax # 238-6470
Physical Address: 717 Walnut Drive, Paso Robles CA 93446	
Mailing Address: same as above	
Website: www.clinicadetolosa.org	
<p>Program Description:</p> <p>A nonprofit “dental home” for underserved children age 0-13 and Foster Care program kids up to age 18. The clinic provides a full range of dental services including preventive, restorative and emergency treatment, as well as care requiring the use of IV sedation or general anesthesia. With every visit, the bilingual team educates and instructs patients and caregivers on the importance of good oral hygiene habits, causes of tooth decay, and provides information about making good nutritional choices. These messages are reinforced at every visit with the intent to break the cycle of poor oral health and improve the entire family’s overall health in the long-term.</p>	
Hours: Mon-Fri 8:00am – 5:00pm (closed from 12-1pm for lunch)	
Fees: Sliding fee scale available for uninsured families; accept the following public insurance programs: Medi-Cal / Healthy Families	
Eligibility: Children (only) from low-income families age 13 & under or Foster Care program kids under age 18.	
Area Served: San Luis Obispo County	
Languages: English / Spanish	
<p>Additional Program Information (optional): Employs a bilingual professional staff including two pediatric dentists, one general dentist and several registered dental assistants. Clinic is privately owned and operated by Partnership for the Children of San Luis Obispo County.</p>	

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Martha's Place Assessment and Treatment Center	
Phone # 781-4948	Fax # 781-4964
Physical Address: 2925 McMillan Ave Ste 108, San Luis Obispo, CA	
Mailing Address: Same	
Website: None	
Program Description: Provide multidisciplinary assessments and treatment to children 0-5 who exhibit emotional and/or behavioral challenges and/or who have been prenatally exposed to alcohol or other substances. Provide parent support group, group therapy for parents and children, individual and collateral therapy. Also offer occupational therapy and case management.	
Hours: 8am-5pm	
Fees: Medi-cal, private insurance, fee for service can be adjusted	
Eligibility: See above	
Area Served: SLO county	
Languages:	
Additional Program Information (optional):	

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Parent Connection of San Luis Obispo County	
Phone # 805 543-3700	Fax #
Physical Address: 1110 California Street, Suite B, SLO 93406	
Mailing Address: PO Box 16036	
Website: www.sloparents.org	
<p>Program Description:</p> <p>Parent Connection of San Luis Obispo County offers a variety of services, including: a web-based family resource center (sloparents.org) with a current list of parenting classes and parenting support services in SLO County, an information line to help parents find appropriate classes in their area (543-3700), and a Parent Connection Helpline (904-1411), with Parent Coaches who can answer parenting questions and provide support. Parent Connection’s services are designed to make parenting less stressful and more rewarding, while promoting positive parenting techniques and building a family’s protective factors. Parent Connection of San Luis Obispo County understands that all families have strengths and all families need support.</p>	
Hours: N/A	
Fees: N/A	
Eligibility: N/A	
Area Served:	
Languages: English/Spanish	
<p>Additional Program Information (optional):</p> 	

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Parents Helping Parents of SLO	
Phone # SLO: 805-543-3277 Atasc: 805-461-7415	Fax # 805-543-2045
Physical Address: Resource Center Locations: 3450 Broad St. Ste. 111, San Luis Obispo, CA 93401 4006 Morro Rd. Ste. A, Atascadero, CA 93422	
Mailing Address: 3620 Sacramento Dr. Ste. 201, San Luis Obispo, CA 93401	
Website: phpslo.org	
Program Description: Parents Helping Parents Family Resource Center serves families of children with special needs throughout San Luis Obispo County. Two lending libraries, which cover a wide variety of special needs topics, are equipped with toys, games and a place for children to play while their parents browse. PHP has a network of experienced staff and parents available for mentoring and support. A reliable source of current information, referrals, and training for parents of children with special needs.	
Hours: Please call for site hours	
Fees: None	
Eligibility: None	
Area Served: San Luis Obispo County	
Languages: English & Spanish	
Additional Program Information (optional): 	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

San Luis Obispo County Child Abuse Prevention Council (SLO CAP)	
Phone # 805.543.6216	Fax # 805.543.6216
Physical Address: 1110 California Blvd. #B, San Luis Obispo. CA 93401	
Mailing Address: PO Box 16036 , San Luis Obispo, CA 93406	
Website: www.slocap.org	
Program Description:	
Hours: M-F 9-5	
Fees: N/A	
Eligibility: N/A	
Area Served: Entire Population of San Luis Obispo County	
Languages: Materials in English and Spanish	
Additional Program Information (optional): <ol style="list-style-type: none">1. Partnership for Excellence in Family Support, a network of family resource centers2. Beginnings, a perinatal substance abuse collaborative3. Together We Will-Parent Leadership Academy4. Talking About Touching5. RealCare Parenting6. Postpartum Depression Support Line	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Sexual Assault Victim Education (S.A.V.E.)	
Phone # (805) 786-4945	Fax #
Physical Address: N/A	
Mailing Address: P.O. Box 1721, San Luis Obispo, CA 93406	
Website: www.slosave.org	
<p>Program Description:</p> <p>S.A.V.E. provides a free comprehensive safety curriculum called “Talking About Touching” to all interested preschools in SLO County in an effort to prevent the sexual abuse of young children.</p>	
Hours:	
Fees:	
Eligibility:	
Area Served:	
Languages: English	
<p>Additional Program Information (optional): While we do not work directly with Intensive Support Services for the age group 0-5, we do have an interest in being present, with a table of our information, at the forum, since our work focuses on prevention in the same age group.</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Special Education Local Plan Area (SELPA)	
Phone # (805)782-7301	Fax # (805) 466-1473
Physical Address: 8005 Morro Road Atascadero. CA 93422	
Mailing Address: same	
Website: http://www.sloelpa.org	
<p>Program Description:</p> <p>The Special Education Local Plan Area (SELPA), per state mandate, provides county wide regional coordination and leadership in special education to insure compliance with state and federal laws relating to students with disabilities. Our SELPA provides an array of services related to special education to LEAs, parents and the community.</p>	
Hours: 8:00-4:30	
Fees: There are no fees for services for children as services are part of Federal Public Education law.	
Eligibility: Based on school district assessments.	
Area Served: San Luis Obispo County	
Languages	
<p>Additional Program Information (optional): The SELPA provides the following:</p> <ul style="list-style-type: none"> • Program availability for all children with disabilities • Curriculum/program development and evaluation • Community Advisory Committee (CAC) support • Community Awareness • Program coordination, fiscal management • Procedural safeguards • Staff development 	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

San Luis Obispo County Office of Education Child Development Programs (State Preschools)	
Phone # 805 782-7274	Fax # 805 594-0739
Physical Address: 3350 Education Drive SLO CA 93405	
Mailing Address: same as above	
Website: slocoe.org	
<p>Program Description:</p> <p>16 State Preschools and 2 First 5 Preschools located at 12 sites throughout the San Luis Obispo County.</p> <p>1 of the State Preschools has a Pre K Family Literacy based grant</p> <p>4 sites have extended afternoon programs.</p>	
Hours: vary depending on location	
<p>Fees: income qualification based on the state median income guidelines</p> <p>Nominal charge for the 4 extended day programs</p>	
Eligibility: Children must be 3 by Dec 2 nd and potty trained. Priority given to 4 year olds entering Kindergarten the following year.	
Area Served: San Miguel, Shandon, Paso Robles, Atas, Morro Bay, Los Osos, SLO, Grover Beach, Oceano and Nipomo	
Languages: English and Spanish at majority of our centers.	
<p>Additional Program Information (optional):</p> <p>Programs participate in the Children and Adult Food Programs (CACFP).</p> <p>Programs strongly encourage Parent Support and Education.</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

The Teen Academic Parenting Program (TAPP)	
Phone # (805) 544-5033	Fax # (805) 595-1346
Physical Address: 1411 Marsh Street suite 206 San Luis Obispo, CA 93401	
Mailing Address: Same as above	
Website: http://www.capslo.org/ Facebook: http://tinyurl.com/4g6g5ct	
<p>Program Description:</p> <p>TAPP assess the needs of pregnant and parenting teens and coordinates community services and resources in the areas of :</p> <ul style="list-style-type: none"> ➤ School ➤ Health of the parent and baby ➤ Parenting ➤ Self sufficiency 	
Hours: Monday – Friday 8:00 a.m. to 5:00 p.m.	
Fees: none	
Eligibility: must be a pregnant or parenting teen under the age of 18	
Area Served: San Luis Obispo County	
Languages: English and Spanish	
<p>Additional Program Information (optional):</p> <p>The program has offices county wide to meet the unique needs of each community in San Luis Obispo county.</p> <p>Support groups are offered in some locations.</p>	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Therapeutic Behavior Services (T.B.S)—Family Care Network	
Phone # 781-3535	Fax #
Physical Address: 3765 S. Higuera St, Ste. 100, SLO, CA	
Mailing Address:	
Website: www.fcni.com	
<p>Program Description:</p> <p>Short-term, one-on-one individualized behavioral counseling intervention designed to stabilize the behavior of children and prevent removal from home or to assist children transitioning back to the home from a higher level of care.</p>	
Hours:	
Fees: None	
<p>Eligibility: Must meet all of the following criteria: has full scope medical, Have an open mental health case or is eligible for open mental health case, is willing to participate in services, has serious emotional/behavioral problems which have or could result in moving to a more restrictive placement (level 12-14) or have been recently hospitalized for mental health problems. Service must be approved by Mental health Authorization team.</p>	
Area Served: SLO county	
Languages:	
<p>Additional Program Information (optional):</p> 	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Transitions Mental Health Association Family Services (T-MHA): Youth Family Partners		
Phone #	Jackie Garza, SLO/South County, 458-6388 Patty Ramirez, North County, 458-2596 Linda Quesenberry Coastal, 503-0009	Fax # 540-6501
Physical Address: 784 High Street, San Luis Obispo, CA 93401		
Mailing Address: P.O. Box 15408, San Luis Obispo, CA 93406		
Website: www.t-mha.org		
Program Description: Youth Family Partners work with parents and caregivers of minor children, one-on-one, to provide emotional support; resources and referrals to community programs and services; information and education on mental illness and treatment options, along with orientation to the Mental Health system of care; information on Special Education resources; parenting classes; and parent/caregiver support groups.		
Hours: 8am to 5pm		
Fees: No cost		
Eligibility: Individual must be a parent or caregiver of a minor child with mental health, behavioral, or emotional difficulties.		
Area Served: San Luis Obispo County		
Languages: English/Spanish		
Additional Program Information (optional): 		

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Tri-Counties Regional Center (T.C.R.C.)	
Phone # (805) 543-2833	Fax # (805) 543-8725
Physical Address: 3450 Broad Street Suite 111, San Luis Obispo, CA 93401	
Mailing Address: Same	
Website: www.tri-counties.org	
<p>Program Description:</p> <p>Tri-Counties Regional Center serves individuals age three and up who meet eligibility requirements, as stated below. A variety of services can be provided, based on the individual’s need, that may include residential care, day programs, behavioral support, employment, family support, and/or others.</p>	
Hours: 8:30am – 5:00pm	
Fees: No Cost. An income-based Family Cost Participation Program applies for certain services.	
<p>Eligibility:</p> <p>In the state of California, the term “developmental disability” includes five conditions. These are mental retardation, autism, cerebral palsy, epilepsy, and other conditions similar to mental retardation that require treatment similar to a person with mental retardation. A developmental disability must have occurred before age 18, continue indefinitely, and must pose a substantial disability in three or more major life areas. Decision about eligibility for services is made by a TCRC interdisciplinary team.</p> <p>A no cost assessment can be provided.</p>	
Area Served: San Luis Obispo, Santa Barbara and Ventura Counties	
Languages: English and Spanish. Translation to other languages may be possible.	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Tri-Counties Regional Center—Early Start	
Phone # (805) 543-2833	Fax # (805) 543-8725
Physical Address: 3450 Broad Street Suite 111, San Luis Obispo, CA 93401	
Mailing Address: Same	
Website: www.tri-counties.org	
<p>Program Description:</p> <p>Early Start serves children under the age of three who have an eligible developmental delay or established risk for a developmental disability. If a child is eligible, a plan is written that can include ongoing early intervention services from specialists or therapists, depending on the child’s need. Services are provided in the child’s natural environment, typically at home, daycare, or preschool. Early Start uses a “Parent Education” model to empower families to encourage their children’s developmental growth.</p>	
Hours: 8:30am – 5:00pm	
Fees: No Cost. An income-based Family Cost Participation Program applies for certain services.	
<p>Eligibility: Children must be under age three.</p> <ul style="list-style-type: none"> • To be eligible, a child age 0-23 months must have a 33% delay, or greater, in one area of development. • A child age 24-36 months must have a 33% delay in two areas of development <u>OR</u> a 50% delay in one area of development. • An eligibility assessment is completed as part of the Early Start intake process. 	
Area Served: San Luis Obispo, Santa Barbara and Ventura Counties	
Languages: English and Spanish. Translation to other languages may be possible.	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Tri-Counties Regional Center—Prevention Program	
Phone # (805) 543-2833	Fax # (805) 543-8725
Physical Address: 3450 Broad Street Suite 111, San Luis Obispo, CA 93401	
Mailing Address: Same	
Website: www.tri-counties.org	
<p>Program Description:</p> <p>The purpose of this program is to provide identification and monitoring of infants and toddlers at risk of having a developmental disability who may eventually need and be eligible for early intervention services. The Prevention Program (PP) will provide intake, assessment, case management, developmental monitoring, parent training, guidance, and support, as well as referrals to generic agencies.</p>	
Hours: 8:30am – 5:00pm	
Fees: No Cost	
<p>Eligibility: A child age 0-35 months must have two of the following “at-risk” conditions:</p> <ul style="list-style-type: none"> • Prematurity: < 32 weeks & / or birth weight < 1500 grams. • Assisted ventilation for 48 hours or longer in the first 28 days of life. • Small for gestational age: below the third percentile on the National Center for Health Statistics growth chart. • Asphyxia Neonatorum associated with five minute Apgar score of 0 - 5. • Severe and persistent metabolic abnormality including but not limited to hypoglycemia, acidemia, and hyperbilirubinemia in excess of the usual exchange transfusion level. • Neonatal seizures or non - febrile seizures during the first three years of life. • Central nervous lesion or abnormality. • Central nervous system infection. • Biomedical insult including but not limited to injury, accident, or illness which may seriously or permanently affect developmental outcome. 	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
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- Multiple congenital anomalies or genetic disorders which may affect developmental outcome.
- Prenatal exposure to known teratogens.
- Prenatal substance exposure, positive infant neonatal toxicology screen or symptomatic neonatal toxicity or withdrawal.
- Clinically significant failure to thrive, including but not limited to weight persistently below the third percentile or less than 85% of the ideal weight for age and / or acute weight loss or failure to gain weight with the loss of 2 or more major percentiles on the growth curve.
- Persistent hypotonia or hypertonia, beyond that otherwise associated with a known diagnostic condition.

High risk for developmental disability also exists when the parent of an infant or toddler is a person with a developmental disability.

OR

A toddler between the ages of 24-35 months with a developmental delay of 33-49% in one area is also eligible for the Prevention Program.

Area Served: San Luis Obispo, Santa Barbara and Ventura Counties

Languages: English and Spanish. Translation to other languages may be possible.

Additional Program Information (optional):

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

United Way of SLO County	
Phone # (805) 541-1234	Fax # (805) 543-5317
Physical Address: 1288 Morro St., SLO, CA 93406	
Mailing Address: P.O. Box 14309, SLO, CA 93406	
Website: info@unitedwayslo.org	
<p>Program Description:</p> <p>If a child can read at grade level by the time he or she is in fourth grade, they increase their chances of succeeding in middle school and graduating on time from high school. In 2010, United Way became the official affiliate to bring Dolly Parton’s Imagination Library to SLO County. Children enrolled in the program can receive a new, age appropriate book every month from 0 -5 years of age for just \$50.00 a year. The program unlocks the magical world of books and gets children excited about reading before they enter kindergarten. The community is invited to support this effort by contributing to the fund for the Imagination Library and giving the gift of literacy to local children.</p>	
Hours: 9am – 5pm (Monday – Friday)	
Fees: \$25.00 for 6 months- \$50.00 for one year and \$250 for 5 years (full program)	
Eligibility: 0 (Birth) to 5 years old- ready for kindergarten	
Area Served: Must b a resident of SLO County	
Languages: English – some books in Spanish	
Additional Program Information (optional) :	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Wraparound Foster Care (Family Care Network)	
Phone # 781-3535	Fax #
Physical Address: 3765 S. Higuera St, Ste 100, SLO, CA	
Mailing Address:	
Website: www.fcni.org	
<p>Program Description:</p> <p>Family-based treatment in a very structured behavioral management system to support emotionally and/or behaviorally challenged children as they work to reunify with family or a more permanent placement.</p>	
Hours:	
Fees: None	
<p>Eligibility:</p> <p>Families (biological or foster) with a child demonstrating behavioral or emotional problems which have or could result in their placement in an RCL Level 10-14 group home facility. The child's needs to be a 300 dependent or a 602 ward of the court or eligible to receive services under AB2726 (AB3632) with and IEP with a placement component or eligible to receive services through the Adoption Assistance Program. Referrals are received directly from the SLO Interagency Placement Committee.</p>	
Area Served: SLO county	
Languages:	
Additional Program Information (optional):	

FAMILY RESOURCE CENTERS

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Coast Unified School District Family Resource Center	
Phone # 805-927-5043	Fax # 927-0469
Physical Address: 1350 Main Street Cambria, CA 93428	
Mailing Address: 1350 Main Street Cambria, CA 93428	
Website:	
Program Description: Coast Family Resource Center helps keep students and families safe, healthy, at home, in school and out of trouble. Services are delivered at Coast Family Resource Center, but may be delivered at school sites and at homes. Our Family Advocate provides services to all of our school.	
Hours: 8:00 am-4:00pm	
Fees: None	
Eligibility: Students and families of Coast Unified School District	
Area Served: North Coast	
Languages: English and Spanish	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Coastal Family Resource Center	
Phone # 805-540-3365	Fax #
Physical Address: 880 Manzanita, Room 18, Los Osos, CA 93402	
Mailing Address: same	
Website: http://cfrc.posterous.com/	
<p>Program Description:</p> <p><u>Mission & Vision:</u></p> <p>To nurture and support healthy families through a collaboration of community organizations. The Coastal Family Resource Center envisions a community where:</p> <ul style="list-style-type: none"> • every child has a secure and happy home • every parent has the knowledge, skill, and support needed to create and maintain such a home • every family has access to and knowledge of the resources available to the community • the community as a whole is committed to nurturing and strengthening families in a responsive and empowering way • healthy families enhance the well-being of communities <p><u>Services Offered:</u> Walk-in referral and family support, parenting classes and counseling</p>	
Hours: Monday-Thursday mornings, counseling by appointment.	
Pregnancy and Parenting Support: every second Tuesday of the month 3:30-5pm	
Fees: dependent on service provided.	
Eligibility: all children and families are eligible	
Area Served: Los Osos and Morro Bay	
Languages: English and Spanish	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Oceano Family Resource Center—S.A.F.E.	
Phone # (805) 474-3690	Fax # (805) 473-4272
Physical Address: 1511 19 th St., Oceano, CA 93445	
Mailing Address: : P.O. Box 367, Oceano, CA 93445	
Website:	
<p>Program Description:</p> <p>The Oceano Family Resource Center serves children 0 – 18 and their families in the Oceano Community. We provide connections to community resources, offer case management services and advocacy. We can help with food, utilities, housing, medical and dental care, counseling, health insurance, and other basic needs. We are involved with many community agencies and many of our partners use our space to provide services to their south county clients. We partner with the South County Youth Coalition to sponsor community forums and parenting classes in both English and Spanish.</p>	
Hours: Monday – Friday 8:00am – 5:00pm. After 5:00 by appointment.	
Fees: Most services are free. Medi-Cal is accepted for counseling.	
Eligibility: Children ages 0 – 18 and their families who live in the South County.	
Area Served: Oceano	
Languages: English and Spanish	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

Paso CARES Family Resource Center—S.A.F.E.	
Phone # 805-237-3421 or 805-237-3470	Fax # 805-237-6174
Physical Address: 1802 Chestnut Street, Paso Robles, CA 93446	
Mailing Address: P.O. Box 7010 Paso Robles, CA 93447	
Website: www.pasoschools.org	
<p>Program Description:</p> <p>The Paso CARES Family Resource Center is a one-stop center where families can seek assistance to help remove barriers that interfere with their student’s success in school. Family case management available. We also offer language assessments to new students in our district whose first language is other than English. Information is available regarding parenting classes, workshops, English as a Second Language, and many other events that are in support of families.</p>	
Hours: Office Hours are 8:00-4:00 Monday - Friday	
Fees: No fees for our services	
Eligibility: Flexible ; please call for information	
Area Served: Paso Robles	
Languages: English and Spanish	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

South County Family Resource Center—S.A.F.E.	
Phone # (805) 474-2105	Fax # (805) 474-2025
Physical Address: 1086 Grand Ave., Arroyo Grande, CA 93420	
Mailing Address: : 1086 Grand Ave., Arroyo Grande, CA 93420	
Website:	
<p>Program Description: S.A.F.E. serves children 0 – 18 and their families in Southern San Luis Obispo County. We provide connections to community resources, offer case management services and advocacy. We can help with food, utilities, housing, medical and dental care, counseling, health insurance, and other basic needs. We are involved with many community agencies and many of our partners use our space to provide services to their south county clients. We partner with the South County Youth Coalition to sponsor community forums and parenting classes in both English and Spanish,</p>	
Hours: Monday – Friday 8:00am – 5:00pm. After 5:00 by appointment.	
Fees: Most services are free. Medi-Cal is accepted for counseling.	
Eligibility: Children ages 0 – 18 and their families who live in the South County.	
Area Served: Nipomo – Shell Beach	
Languages: English and Spanish	
Additional Program Information (optional):	

RESOURCES AND INTENSIVE SUPPORT SERVICES FOR CHILDREN AGES 0 – 5
PROGRAM INFORMATION SHEET

The Link	
Phone # 805-466-5404	Fax # 805-462-8901
Physical Address: 6500 Morro Rd. Suite A Atascadero, CA 93422	
Mailing Address: 6500 Morro Rd. Suite A Atascadero, CA 93422	
Website: www.linkslo.org	
<p>Program Description:</p> <p>A “one stop” Family Resource Center with Family Advocates who work at the center and in the schools to link families and youth with services, provide in home support, case management and coordination when families are facing multiple issues or are involved with multiple agencies.</p> <p>The LINK also has Family Advocates at six middle schools in the county and can assist as part of a team to assist families with a child who is 0-5 and has a sibling(s) at one of those six middle schools. [Flamson, Atascadero, Santa Lucia, Los Osos, Judkins, Mesa]</p>	
Hours: The Resource Center is open 8:00 – 5:00pm. Family Advocates can meet with families earlier or later dependent upon need.	
Fees: None	
Eligibility: Open to all living in the service area.	
<p>Area Served: Atascadero, Creston, Santa Margarita, Carissa Plains.</p> <p>SAFE Team meetings are also available for families in Templeton although no case management services for Templeton through the LINK are currently available.</p>	
Languages: English and Spanish	
Additional Program Information (optional):	